



Professional Therapists

Professional Treatments

Enviably Results



Telephone: 01494 675612

### Opening Hours

Monday	9.00am - 5.30 pm
Tuesday	9.00am - 8.00pm
Wednesday	9.00am - 8.00pm
Thursday	9.00am - 8.00pm
Friday	9.00am - 5.30 pm
Saturday	9.00am - 5.00pm
Sunday & Bank Holidays	- closed

Free parking is always available

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[www.mayflowerbeautyclinic.com](http://www.mayflowerbeautyclinic.com)

# Facials

## Environ Facial Treatments

This completely natural and highly effective range was created by South African plastic surgeon Dr Des Fernandes, to repair damaged skin, replenish essential nutrients and increase collagen and elastin production. The range uses high concentrations of absorbable fresh vitamins A, C, E and beta-carotene to rebalance, regenerate and rehydrate the skin. It reduces pigmentation, fine lines and repairs and protects against photo-damage and pollution. All facial treatments use galvanic and ultrasound currents to enhance the vitamin penetration by 4,000% and are suitable for all skin types. A thorough consultation before commencing Environ treatments is essential to ensure that your therapist is able to recommend the best regime for you, thus obtaining the best result possible.

**Ionzyme Active Vitamin Facial**                      90mins    £72  
The best facial treatment on the planet!  
An ideal introduction to the Environ range.

**Intermediate Active Vitamin Penetration Facial**                      45mins    £46  
An intensive follow on treatment from the Environ Active Vitamin Facial.

**Advanced Active Vitamin Penetration Facial**                      60mins    £60  
This is the latest and most effective treatment Environ offer and is the ultimate Environ follow on and maintenance treatment.

**Environ Manual Facial**                                      60mins    £45  
A lovely relaxing facial, that incorporates purely manual techniques to enhance the penetration of active vitamins into the skin. This treatment is suitable for any skin type and will leave your skin radiant and healthy.

**B-Active Facial**    60mins    £40  
This treatment is designed especially for an acne or a severely photo-damaged complexion. It is mandatory that all you use are the Environ Proactive Creams for 3 weeks prior to peeling.

The Environ skincare range is second to none in terms of effectiveness. For the best results possible for your skin we recommend regular salon treatments and the use of the products at home. Courses of treatments are available and your therapist will advise you on the best homecare regime for you.

# Formalities

## Safety Precautions

Please inform your therapist of any medical conditions including pregnancy prior to booking, as some treatments may not be appropriate for you.

## Courses

All monies paid for courses are non-refundable, although balances may be transferred to other treatments.

## Deposits/Cancellation Policy

Full payment is required for all treatments of 75 minutes or longer. These are non-refundable unless more than 24 hours notice of cancellation or change is given.

## Gift Vouchers

Available for most treatments gift vouchers are valid for 6 months from the date of purchase. We regret that we cannot take responsibility for lost or stolen vouchers.

## Punctuality

The Mayflower Health and Beauty Clinic request that you arrive on time for appointments so that we can ensure full treatment time and prevent inconvenience to other clients.

## Mobile Phone Courtesy

We respectfully request that you switch your phone to silent whilst in the salon.

## No Smoking Policy

The salon operates a strict no smoking policy.

## Client Consultations

All clients will be given a thorough Mayflower's Consultation at their first visit. This information is completely confidential and is covered by the Data Protection Act.

## All Prices Include VAT (769 0508 06)

We reserve the right to alter prices without prior notice. The Mayflower Health and Beauty Clinic Ltd Co Reg No: 0471 3558 Registered in England.

## All major cards accepted



AROMATHERAPY  
ASSOCIATES



Service No.0000055674

## Make-Up

We use the fabulous Jane Iredale make-up, a wonderful pure mineral based range. The make-up is so pure and effective that it is recommended by plastic surgeons, dermatologists and skin care professionals alike and is known as the skincare make-up.

<b>Special Occasion</b> Including pre-cleanse	45mins	£30
<b>Make-Up Lesson</b> Tailored specifically to you	60mins	£35
<b>Bridal Make-Up</b> Including pre-wedding day trial and make-up on the day	45mins 30mins	£50

## Wedding Services

Mayflowers can advise and help you and your family with your beauty preparations in time for your big day. Bridal programmes tailored to your individual requirements are available. Please ask for a free consultation.

## Mothers-To-Be Services

Take time to relax and spoil yourself during this amazing period of your life, all the following treatments are designed to pamper you and are completely safe throughout your pregnancy.

<b>The Real Nurturing Experience</b> for Mothers-to-be	60mins 30mins	£55 £30
<b>Renew Rose Radiance Facial</b> for Mothers-to-be	60mins	£55
<b>Rose Hydrating Cocoon</b> for Mothers-to-be	60mins	£60
<b>Manicure and Pedicure</b>	<i>see Hands and Feet</i>	

## Day Spa Packages

**Luxury Beauty Day** 4 hour 30mins £126  
Full Body Massage, a Renew Rose Radiance or Balance Deep Cleansing Facial, a manicure including Rose Petal Luxury Hand Treatment and a Pedicure including your choice of Aromatherapy Foot Treatment. This blissful treat includes light refreshments.

**Stress Buster** 120mins £70  
Facial cleanse, massage and mask, back, neck and shoulder massage and pedicure.

## Facials

### Aromatherapy Associates Facials

Discover the skin enhancing properties of essential oils with your very own prescribed facial unique to your skin type. A personalised prescription uses a range of therapeutic essential oil based products and facial pressure point massage to boost your complexion, revive your skin texture and add a lasting glow to your appearance.

Includes after care advice to maintain the look and feel of healthy skin and continue treatment of problem areas at home.

Pure hands-on therapy at its best. More than a facial, these are facial experiences.

<b>Renew Rose Total Indulgence</b> Includes back massage	90mins	£75
<b>Renew Rose Radiance</b>	60mins	£55
<b>Renew Rose Radiance</b> for Mothers-to-be	60mins	£55
<b>Renew Rose Anti-Age Facial</b>	90mins	£75
<b>Balance Deep Cleansing Facial</b> Includes back massage	90mins	£75
<b>Balance Deep Cleansing Facial</b>	60mins	£55

To add even more luxury, and as an extra treat we recommend any of the Aromatherapy Associates hand or foot treatments in conjunction with your gorgeous facial.

### CACI Facial Treatments

The CACI facial treatment programme consists of a course of deeply relaxing facials that tighten and tone sagging muscles, whilst smoothing the appearance of fine lines and wrinkles using micro-current technology.

<b>Individual CACI Facial</b> Course of 10	60mins	£46 £414
<b>Super CACI Facial</b> Course of 10 <i>(courses are ideally taken over 4 weeks)</i>	90mins	£63 £567
<b>CACI Eyes</b> Course of 10	30mins	£27 £230

### Crystal Clear Treatments

This treatment stimulates skin cells to regenerate faster by removing dead skin cells, whilst eliminating blocked pores and improving the appearance of fine lines. It will also leave your skin smoother, clearer and rejuvenated.

<b>Beauty Flash Face or Body</b> Course of 10	30mins	£45 £385
<b>Crystal Clear Deluxe Facial</b> Course of 10	60mins	£60 £510



AROMATHERAPY  
ASSOCIATES



GUINOT  
INSTITUT • PARIS

crystalclear®  
SKIN SYSTEM

J  
JESSICA

jane iredale®

ST.TROPEZ  
The Professional Way

Ellipse  
LIGHT

Registered by the



Service No.0000055674

## Facials

### Guinot Facial Treatments

**Hydradermie** 75mins £47.50

These classic facials deep cleanse, rehydrate and regenerate the face, neck and eye areas. This luxurious treatment uses gentle galvanic and high frequency electro therapy and is suitable for all skin types.

**Hydra Plus** 90mins £58

A three in one extraordinarily relaxing facial to diminish signs of ageing from the face eyes and neck. Again using gentle electro therapy together with special gels, serums and masks for specific areas, the facial also incorporates lots of lovely massage. It is suitable for all skin types.

### Botox, Restylane & Tooth Whitening Clinic

*prices are from* £200

This clinic is held here once a month by practicing dentist Dr Kim Lloyd. Please ask at reception for the next clinic date.

**Semi-Permanent Make-up** *prices are from* £300

Semi-permanent make-up artist Linden Sheffield, is available by appointment for fabulously enhancing eyebrows, lips and eyes. Please ask at reception for an appointment.

## Body Treatments

### Universal Contour Wrap

A sophisticated wrapping technique designed to lift and shape the body with a guarantee of a minimum 6 inches lost after the first wrap or the treatment is free! Using bandages soaked in sea clay this treatment also cleanses the body of toxins and impurities and makes the skin feel silky smooth.

For best results possible a course of 3 is recommended. *Please note, full payment is required at time of booking.*

**Single wrap** 150mins £65  
Course of 3 £185

**Half wrap** 120mins £60  
Course of 3 £170

### Aromatherapy Associates

#### Body Scrub and Wrap Treatments

An all over body exfoliation followed by an application of gels, creams and oils to moisturise, nourish and hydrate your skin. Once the body is gently enveloped, lie back in luxury and enjoy a scalp or foot massage. Aromatic oils relax or focus, restoring harmony to body and spirit within the hour.

**De-Stressing Soother** 60mins £50

Enter the total chill out zone...where you feel a thousand miles away from the pressure and confusion of everyday life as mind and body indulge in the benefits of deep, meditative relaxation. Give yourself a moments peace.

**Citrus Detox Reviver** 60mins £50

Feel cleansed inside and out with this powerful treatment. After exfoliation to smooth and refine the skin, stimulating massage and foot reflex points encourage the release and elimination of unwanted toxins.

## Hair Removal

### Waxing

Half leg ( <i>lower</i> )	20mins	£14.50
Half leg ( <i>upper</i> )	30mins	£16.50
Full leg	50mins	£25.50
Under arm	15mins	£10
Bikini line	15mins	£10
Extended	20mins	£18
Brazilian	30mins	£25
Californian	45mins	£35
Full leg and regular bikini line	60mins	£33
Three quarter leg	40mins	£19
Forearm	20mins	£16
Full arm	30mins	£20
Eyebrows	15mins	£9
Upper lip	15mins	£8.50
Small extra patches	10mins	<i>from</i> £8
Chin	15mins	£8
Upper lip and chin	20mins	£13.50
Men's chest	30mins	£16
Men's ears	10mins	£8
Men's back	30mins	£23
Men's chest and back	45mins	£33

### Electrolysis

We use the Sterex blend method for maximum efficiency and minimum discomfort, with disposable needles and gloves for maximum hygiene. Courses are available.

Consultation	15mins	Free
<i>(minimum session)</i>	10mins	£11
	15mins	£14
	20mins	£16
	30mins	£21

### Red Vein and skin Tag Treatment

This advanced electrolysis technique cauterises the blood supply to successfully treat red veins, spider naevi, cherry spots and skin tags. The price includes after care gel.

Consultation	15mins	Free
	15mins	£33
	30mins	£53
Milia extraction	<i>up to</i> 15mins	£25

# Hair Removal

## Ellipse IPL Permanent Hair Reduction

We use the medically approved and proven Danish Ellipse IPL system to gently remove unwanted hair from all body sites in minutes.

We recommend 4-8 treatments with two monthly intervals between for the best results.

Consultation and patch test		<b>£35</b>
<i>(this fee will be deducted from the cost of your first treatment)</i>		
Full face	60mins	£150
Side of face	30mins	£100
Upper lip	15mins	£65
Chin	15mins	£80
Lip and chin	30mins	£135
Jaw line	20mins	£100
Neck	30mins	£100
Centre brow	10mins	£55
Under arms	30mins	£135
Half arms	30mins	£140
Whole arms	60mins	£200
Hands/feet	15mins	£45
Lower legs	120mins	£310
Upper legs	120mins	£360
Full legs	180mins	£540
Bikini regular	30mins	£135
Bikini extended	45mins	£180
Bikini brazilian	60mins	£195
Bikini californian	75mins	£210
Buttocks	30mins	£180
Nipples	15mins	£40
Chest	45mins	from £190
Stomach	45mins	from £140
Back	75mins	from £515

Course of 4 - 15% discount

Course of 8 - 20% discount

# Body Treatments

**Lavender & Peppermint Cooler** 60mins £50  
Rescue your skin after overloading it in the sun with a cooling and soothing body wrap. The legendary healing powers of lavender cool your overheated skin while peppermint and rose comfort and soothe your body.

**Rose Hydrating Cocoon** 60mins £60  
Lie in a bed of roses and indulge in this nourishing and thoroughly moisturising treatment. Rich oils and creams with Damask Rose are smoothed into freshly exfoliated skin leaving it glowing, silky soft and revitalised.

**Rose Hydrating Cocoon for Mothers-to-be** 60mins £60  
After gentle exfoliation, the skin is smoothed over with rich, moisturising creams and then wrapped up in a comfortable, fragrant cocoon. A relaxing scalp massage completes this blissful experience.

**Rose Hydrating Cocoon for New Mothers** 60mins £60  
Help your body back into shape with specially chosen oils to restore your skins condition and refine stretch marks. An Ayurvedic scalp massage supports circulation and promotes healthy hair growth.

## Specialised Body Treatments

**Revive Cellulite Treatment** 60mins £50  
A wake-up call to legs, bums and tums! Detox, eliminate and tone with this invigorating and effective body treatment specifically designed to target areas of cellulite. A citrus burst of gel, oil and mud is applied containing purifying pink grapefruit, sweet orange and mandarin with juniper berry and rosemary to add zest and positive energy to your life.

**De-stress Muscle Release** 60mins £50  
A deep and meaningful all over body massage treatment designed to work on stiff, tight and fatigued muscles and joints after sports or a day of physical stress and strain. Involves intense deep tissue techniques to warm, manipulate and ease the body with stretching and drainage to release and disperse toxins.

**Re-balancing Deep Cleanse Back Treatment** 30mins £30  
A thoroughly cleansing back treatment that refines the skin deep down and works to balance out it's natural oils. A combination of orange flower, lavender, tea-tree and active natural extracts gives your back a polished, non-oily appearance and lasting anti-bacterial protection. Uses a back-smoothing corn cob and jojoba scrub with a fresh water mud back mask that helps to draw out impurities and maintain a soft skin texture.

## CACI Quantum Body Treatment

**Toning or Cellulite Treatments** 30mins £25  
Course of 10 £210  
45mins £30  
Course of 10 £250

## Holistic Treatments

**The Ultimate Aromatherapy Massage** 90mins £75  
60mins £55

• Relax • De-stress • Revive • Support • Renew •  
Ease away the day's stresses and strains and bring body and mind back into balance. The real, traditional aromatherapy full body massage fusing the best of massage practices from East and West. Carefully applied pressures stimulate the nervous system while Swedish and neuromuscular massage techniques support a healthy circulation and soothe the body.

**The Real Nurturing Experience for the Mother-to-be** 60mins £55  
30mins £30

An all over massage using the nourishing properties of Rose oil. Including a complete scalp, face and lower leg massage, this massage is designed to answer the developing needs of mother and baby.

**Swedish Body Massage** 60mins £40  
45mins £35  
30mins £25

Using Tisserand aromatic oils to induce relaxation and relieve muscular tension from the body.

**Reflexology** 60mins £43  
First session includes free consultation 75mins £43

This is a holistic treatment that aids the body to heal itself and is also very stress relieving. We work for a whole hour just on the pressure points of your feet. The first treatment must include a full consultation.

**Indian Head Massage** 60mins £40  
30mins £25

This luxurious treatment uses relaxing movements to the shoulders, neck, scalp and face increasing blood circulation and improving energy and general well being.

**Reiki** 60mins £40  
30mins £25

This is an ancient form of healing where the hands are used to re-energise and heal the mind, body and spirit.

## Tanning Treatments

To obtain the best results, please ensure you receive the pre-treatment procedure.

**St Tropez Ultimate Airbrush Tanning**  
Full body 30mins £35  
Top up 30mins £18  
Half body 20mins £20  
Top up 20mins £10

**St Tropez Manual Application**  
Full body 75mins £43  
Half body 45mins £30

**Sunbed**  
Our sunbed is a high power stand up unit. We recommend the use of our tan enhancers to keep your skin moisturised and to enhance the tan.  
Tan enhancer sachets £1.25  
5mins £5.50  
10mins £9.50  
60mins £50

## Hands and Feet

**Jessica Manicures and Pedicures**  
Jessica is one of the best product ranges for natural nail care. The products contain the highest proportion of natural products for the best possible results.

Manicure 45mins £22  
Pedicure (*please bring sandals*) 60mins £30  
Deluxe manicure (*with heated mitts*) 60mins £28  
Deluxe pedicure (*please bring sandals*) 75mins £35  
Re-varnish fingers or toes 15mins £10  
French polish fingers or toes 25mins £15  
French manicure 60mins £28  
French pedicure 75mins £35  
Mini/child's manicure (*file & paint only*) 30mins £15

### Aromatherapy Associates Hand and Foot Treatments

A luxurious treat for those parts of the body that work so hard for you but can be left neglected. Includes fragrant hand or foot soak, olive grain exfoliation, skin-softening wrap and soothing massage to upper arms and lower legs. Choose with your therapist between luxurious Rose, invigorating Ginger and Black Pepper or refreshing Citrus oils.

**Hand Treatments** 45mins £30  
With nail varnish 60mins £35  
**Foot Treatments** 60mins £35  
With nail varnish 75mins £40

**Creative Nail Enhancements**  
Full set 75mins £48  
Full set forever French 120mins £55  
Rebalance 75mins £38  
Individual nails 20mins £5.50  
Infill, includes 2 breaks 60mins £28  
Soak off and mini manicure 45mins £25

## Eyes and Ears

First time tints, perms or lash extensions require a 24 hr patch test.

**3D Lash Extension**  
Revolutionary new semi-permanent lash extensions, you will love them!  
First Application 120 mins £100  
2-3 weekly maintenance treatment 30 mins £30  
Eyelash tint 30mins £15  
Eyebrow tint 15mins £9  
Eyelash and brow tint 30mins £20  
Eyebrow shape 15mins £9  
Eyelash perm 60mins £40  
Eyelash perm and tint 90mins £47  
Semi permanent lashes 20mins £15  
Ear piercing 15mins £20  
Includes sterile studs and after care solution