



THE *MAY*  
HEALTH & *f*LOWER  
BEAUTY CLINIC

Tel: 01494 675612



## Facials

This completely natural and highly effective range was created by South African plastic surgeon Dr Des Fernandes, to repair damaged skin, replenish essential nutrients and increase collagen and elastin production. The range uses high concentrations of absorbable fresh vitamins A, C, E and beta-carotene to rebalance, regenerate and rehydrate the skin. It reduces pigmentation, fine lines and repairs and protects against photo-damage and pollution. All facial treatments use galvanic and ultrasound currents to enhance the vitamin penetration by 400% and are suitable for all skin types.

### **Ionzyme Active Vitamin Facial** 1½hrs £70

The best facial treatment on the planet!

An ideal introduction to the Environ range.

### **Intermediate Active Vitamin Penetration Facial** 45mins £45

An intensive follow on treatment from the Environ Active Vitamin Facial. Your skin should already be prepared with the Environ homecare system and preferably have had previous Environ salon treatments.

### **Advanced Active Vitamin Penetration Facial** 1hr £55

This is the latest and most effective treatment Environ offer and is the ultimate Environ follow on and maintenance treatment. Again your skin should already be prepared with the Environ homecare system and preferably have had previous Environ salon treatments.

### **Course of 12 Ionzyme Active Vitamin Penetration Facial** £530

Combination course of 12 treatments.

For the best results a course of 12 treatments is recommended. This includes:

1 Ionzyme Active Vitamin Facial,

4 Intermediate Active Vitamin Penetration Facials and

7 Advanced Active Vitamin Penetration Facials.

You will be amazed at the health, vitality and fabulous condition of your skin.

### **Impact Facial Treatment** 1hr £55

Impact contains the highest dose of vitamin A in the Environ range. This treatment is especially good for reduction of lines, wrinkles, pigmentation and post acne scarring. You must have been using the Environ proactive creams for 3-4 weeks.



## Formalities

### **Safety Precautions**

Please inform your therapist of any medical conditions including pregnancy prior to booking, as some treatments may not be appropriate for you.

### **Courses**

All monies paid for courses are non-refundable, although balances may be transferred to other treatments.

### **Deposits/Cancellation Policy**

Full payment is required for all treatments of 30 minutes or longer. These are non-refundable unless more than 24 hours notice of cancellation or change is given.

### **Gift Vouchers**

Available for most treatments gift vouchers are valid for 6 months from the date of purchase. We regret that we cannot take responsibility for lost or stolen vouchers.

### **Punctuality**

The Mayflower Health and Beauty Clinic request that you arrive on time for appointments so that we can ensure full treatment time and prevent inconvenience to other clients.

### **Mobile Phone Courtesy**

We respectfully request that you switch your phone to silent whilst at in the salon.

### **All Prices Include VAT (769 0508 06)**

We reserve the right to alter prices without prior notice. The Mayflower Health and Beauty Clinic Ltd  
Co Reg No: 0471 3558 Registered in England

### **All major cards accepted**





## Make-Up

We use the fabulous Jane Iredale make-up, a wonderful pure mineral based range. The make-up is so pure and effective that it is recommended by plastic surgeons, dermatologists and skin care professionals alike and is known as the skincare make-up.

Special Occasion including pre-cleanse	45mins	£30
Make-up lesson tailored specifically to you	60mins	£35
Bridal make-up including pre-wedding trial and make-up on the day	45mins 30mins	£50

## Day Spa Packages

### Luxury Beauty Day 4½hours £126

Full body massage, Guinot Aromatic facial with eyebrow shape. Luxury manicure and pedicure. Light refreshments.

### Pre-Holiday Preparation £122

**1st appointment** - eyebrow shape, eyelash tint, full leg, bikini and underarm wax. 2hrs

**2nd appointment** - 2 days later - manicure, pedicure and an airbrush tan. 2½hrs

### Top to Toe Pamper 4hrs £115

Full body massage, deep cleansing facial, manicure and pedicure.

### Stress Buster 2hrs £88

Facial cleanse, massage and mask, back, neck and shoulder massage and pedicure.

### Wedding Services

Tailor made preparation packages for the bride and her entire entourage are available. Please consult Mayflower's staff well in advance of your big day to arrange all the appropriate appointments.

For example, facial courses for radiant skin, wraps for the perfect body, all your waxing and nail preparations, make-up schedules and of course massages for those pre-wedding nerves.



## Facials

### **Environ Basic Facial** 1hr £40

A lovely relaxing facial, that incorporates either the original iontophoresis or purely manual techniques to enhance the penetration of active vitamins into the skin. This treatment is suitable for any skin type and will leave your skin radiant and healthy.

### **Peel for Acne Skin** 1hr £35

This treatment is designed especially for an acne or a severely photo-damaged complexion. It is mandatory that all you use are the Environ Proactive Creams for 3 weeks prior to peeling.

### **Crystal Clear Treatments**

Beauty flash face or body	30mins £40
Course of 10	£360
Crystal clear deluxe facial	1hr £55
Course of 10	£495

This treatment stimulates skin cells to regenerate faster by removing dead skin cells, whilst eliminating blocked pores and improving the appearance of fine lines. It will also leave your skin smoother, clearer and rejuvenated.

### **CACI Facial Treatments**

Individual CACI facial	1hr £45
Course of 10	£380
Super CACI facial	1½hrs £60
Course of 10	£510

*(courses are ideally taken over 4 weeks)*

The CACI facial treatment programme consists of a course of deeply relaxing facials that tighten and tone sagging muscles, whilst smoothing the appearance of fine lines and wrinkles using micro-current technology.

### **Botox, Restylane & Tooth Whitening Clinic**

Prices are from £200

This clinic is held here once a month by practicing dentist Dr Kim Lloyd. Please ask at reception for the next clinic date.

## Facials

### **Hydradermie (Cathiodermie)** 1¼hrs £45

These classic facials deep cleanse, rehydrate and regenerate the face, neck and eye areas. This luxurious treatment uses gentle galvanic and high frequency electro therapy and is suitable for all skin types.

### **Hydra Plus** 1½hrs £56

A three in one extraordinarily relaxing facial to diminish signs of ageing from the face eyes and neck. Again using gentle electro therapy together with special gels, serums and masks for specific areas, the facial also incorporates lots of lovely massage. It is suitable for all skin types.

### **Beaute Neuve Facial** 1hr £40 Course of 3 £100

Suitable for all skin types, this AHA based facial uses gentle fruit acids for their revitalising effects on the complexion. For the best results 3 facials over three consecutive weeks are recommended.

### **Liftosome** 1hr £40 Course of 2 £75

This unique toning and firming facial uses high concentrations of vitamin C and proteins to strengthen the skins elasticity and stimulate cellular regeneration. A course of 2 facials over two consecutive weeks is recommended.

### **Aromatic Facial** 45mins £35

A relaxing aroma facial with natural plant extracts and essential oils that restore radiance, lift your senses and instils an overall feeling of wellbeing.

### **Aromatherapy Associates Facials** 1hr £50 1½hrs £70

These luxurious facials are pure hands-on therapy at its best. More than a facial, this complete aromatherapy experience supports a healthy circulation and optimises the skin's natural regenerative process, as well as deeply relaxing the mind, body and spirit.

A thorough skin analysis is carried out prior to the treatment to determine which facial is most suited to you.

All you need to do is choose whether you would like an hour, or an hour and a half of bliss!



## Hair Removal

### Waxing

Half leg ( <i>lower</i> )	20mins	£14.50
Half leg ( <i>upper</i> )	30mins	£15.50
Full leg	50mins	£24.50
Under arm	15mins	£9.00
Bikini line	20mins	£9.00
Brazilian	30mins	£16.00
Californian	45mins	£27.00
Full leg and bikini line	60mins	£30.00
Three quarter leg	40mins	£18.00
Half arm	20mins	£10.00
Full arm	30mins	£16.00
Eyebrows	15mins	£8.00
Upper lip	15mins	£7.50
Small extra patches	10mins	from £7.00
Chin	15mins	£8.00
Upper lip and chin	20mins	£13.50
Mens chest or back wax	30mins	£16.00
Mens brazilian	30mins	£30.00
Mens brazilian and back	45mins	£45.00

### Electrolysis

We use the Sterex blend method for maximum efficiency and minimum discomfort, with disposable needles and gloves for maximum hygiene. Courses are available.

Consultation	15mins	Free
( <i>minimum session</i> )	10mins	£9.00
	15mins	£11.50
	20mins	£14.50
	30mins	£18.00

### Red Vein and skin Tag Treatment

This advanced electrolysis technique cauterises the blood supply to those unsightly red veins on the face with excellent results.

Consultation	15mins	Free
	15mins	£30
	30mins	£50
Milia extraction up to	15mins	£15



## Hair Removal

### Ellipse IPL Permanent Hair Reduction

We use the medical grade Danish Ellipse IPL system to gently remove unwanted hair from all body sites in minutes. IPL has been around for about six years now and is a fantastic progression in the field of permanent hair reduction.

Consultation and patch test	£35.00
<i>(this fee will be deducted from the cost of your first treatment)</i>	
Full face	£150.00
Side of face	£100.00
Upper lip	£65.00
Chin	£80.00
Lip and chin	£135.00
Jaw line	£100.00
Neck	£100.00
Eyebrows	£55.00
Centre brow	£55.00
Under arms	£135.00
Half arms	£140.00
Whole arms	£200.00
Hands/feet	£45.00
Lower legs	£300.00
Upper legs	£350.00
Full legs	£500.00
Bikini regular	£135.00
Bikini extended	£180.00
Bikini brazilian	£190.00
Bikini californian	£200.00
Buttocks	£180.00
Nipples	£40.00
Chest	from £180.00
Stomach	from £130.00
Back	from £500.00

Course of 3 - 10% discount

Course of 6 - 15% discount









## Holistic Treatments

**The Ultimate Aromatherapy Massage**      1hr £55  
1½hrs £75

A true aromatherapy massage, using pure essential oils with specialised massage for the back, scalp, face, neck, shoulders and feet. Spinal pressures, muscle release, lymphatic drainage and foot reflex techniques target the nervous system, affecting every organ and structure of the body. You and your therapist will choose together an essential oil blend that is just perfect for you. Pure bliss!

**Swedish Body Massage**      1hr £40  
45mins £35    30mins £25

Using Tisserand aromatic oils to induce relaxation and relieve muscular tension from the body.

**Reflexology**      1hr £40  
First session including consultation      1¼hours £45

This is a holistic treatment that aids the body to heal itself and is also very stress relieving. We work for a whole hour just on the pressure points of your feet. The first treatment must include a full consultation.

**Indian Head Massage**      1hr £40    30mins £25

This luxurious treatment uses relaxing movements to the shoulders, neck, scalp and face increasing blood circulation and improving energy and general well being.

**Reiki**      1hr £40    30mins £25

This is an ancient form of healing where the hands are used to re-energise and heal the mind, body and spirit.

**Psychotherapy**      55mins £35

Our fully qualified psychotherapist uses the transpersonal approach, which is holistically based and takes into consideration the mind, body and spirit.

## Eyes and Ears

First time tints or perms require a 24 hour patch test.

Eyelash tint	30mins	£11
Eyebrow tint	15mins	£7.50
Eyelash and brow tint	30mins	£16
Eyebrow shape	15mins	£8
Eyelash perm	1hr	£35
Eyelash perm and tint	1½hrs	£43
Semi permanent lashes	20mins	£15
Ear piercing	15mins	£20

*(including sterile studs and after care solution)*





## Hands and Feet

### Jessica Manicures and Pedicures

Jessica is one of the best product ranges for natural nail care. The products contain the highest proportion of natural products for the best possible results.

Manicure	45mins	£20
Pedicure ( <i>please bring sandals</i> )	1hr	£28
Deluxe manicure ( <i>with heated mits</i> )	1hr	£25
Deluxe pedicure ( <i>please bring sandals</i> )	1¼hrs	£32
re-varnish fingers or toes	15mins	£8
french polish fingers or toes	25mins	£11
French manicure	1hr	£23
French pedicure	1¼hrs	£31
Mini/childs manicure	30mins	£12
Le Remedi luxury hand treatment	20mins	£15

### Creative Nail Enhancements

Full set	1½hrs	£48
Full set forever french	2hrs	£55
Rebalance	1½hrs	£35
Individual nails	20mins	£5.50
Infill and 2 breaks	1hr	£28

## Tanning Treatments

Having a tan makes you look healthy and gorgeous, we have several ways to create the perfect sun kissed look. When choosing a fake tan we recommend that you wax at least 2 days prior to the treatment and exfoliate and moisturise the night before. The fake tans last between 4 and 10 days and we recommend you purchase the exfoliator and self tan to top your tan up at home. We also suggest that the tan is applied 2 days prior to your event, as very occasionally slight adjustments maybe required. Always wear loose dark clothing and try to avoid bathing or showering for 12 hours afterwards.

### Airbrush Tanning

Full body 30mins	£35	Top up 30mins	£20
Half body 20mins	£20	Top up 20mins	£10

### St Tropez/Fake Bake/Guinot

Full body 1hr	£42	Half body 30mins	£28
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### Sunbed

Our sunbed is a high power stand up unit. We recommend the use of our tan enhancers to keep your skin moisturised and to enhance the tan.

Tan enhancer sachets		£1.25
	5mins	£5
	10mins	£9
	60mins	£50





Professional Therapists

Professional Treatments

Enviably Results

#### Opening Hours

Monday	9.00am - 5.30pm
Tuesday	9.00am - 8.00pm
Wednesday	9.00am - 8.00pm
Thursday	9.00am - 8.00pm
Friday	9.00am - 5.30pm
Saturday	9.00am - 5.00pm
Sunday & Bank Holidays	- closed

Free parking is always available

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[www.mayflowerbeautyclinic.com](http://www.mayflowerbeautyclinic.com)